

6 November 2023

Dear Parent/Carer

Go Ape Alice Holt Forest YR11 Btec PE

The PE Department is delighted to offer all Year 11 BTec Sport students the opportunity to complete the Go Ape High ropes course at Alice Holt Forest, Hampshire.

As part of the Cambridge national GCSE course, one of the assignments requires each student to demonstrate key skills and attributes in an outdoor adventure activity. We have, as a group, decided to choose high ropes as our focus and Alice Holt Forest as our venue. Students have begun planning for the visit as part of their written coursework and the next part will be to complete the practical. On arrival at Alice Holt they will partake in a training session to ensure their confidence in using the belaying equipment. Once assessed they will move into small groups and complete the course, all the while collecting evidence to go towards their final piece of coursework.

Students should wear comfortable clothes that will allow them to manoeuvre through difficult obstacles. All students should wear appropriate shoes such as trainers, have their stomach area covered, plus any long hair tied back during the activities and pack a waterproof coat as the activity will still take place in rainy conditions. Finally, students should bring a packed lunch and a water bottle as this trip will take place during lunch.

Students will be transported to and from the venue using a school minibus. We aim to leave the College at 11am on Tuesday 21 November and return to the College before the normal College end time of 3.40pm. Therefore, students should be able to go home as they normally would. However as with any trip there may be a delay and if this does happen, we will inform you.

The cost of this trip will be £27 which includes entrance plus all equipment and training at Go Ape, insurance and travel by minibus. This contribution is voluntary as the College could not bear any of the cost of the visit without reducing our ability to provide the resources that are essential for curricular needs. The visit will not take place unless all parents, who are able, are willing to contribute. If you are unable to contribute you are invited to contact me in confidence so that suitable arrangements can be made to cover the cost of your son/daughter's participation.

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Payment

Payments may be made on Arbor. On the Parent Portal, please go to "Quick Links" and then to Trips. You can then give consent and make a payment. Medical details and contact details will be taken from Arbor, so please update these using the Parent Portal. If you require support with the online process, please contact Hannah Clayton or Nicola Robson in our finance department at finance@mrc-academy.org. If you do not have access to the internet please make cheques payable to "Midhurst Rother College".

If you would like to discuss the visit then please contact aaron.hancock@mrc-academy.org.

Thank you for your continued support.

Yours sincerely

Attenuth

Mr A Hancock

Teacher of Physical Education & Science